

Model: Sheri Stevens (Dr. Stevens' wife) Makeup: Alexis Vogel  
Photo: Isaiah Mays Photography  
For YOUR custom makeover, contact: [www.MakeupByAlexis.com](http://www.MakeupByAlexis.com)



## Want these Eyes?

- ✓ Botox
- ✓ Restylane
- ✓ Elastiderm
- ✓ Blepharoplasty
- ✓ Permanent Makeup

[www.TechnologyOfBeauty.com](http://www.TechnologyOfBeauty.com)

## Want this Chest?

- ✓ SmartLipo
- ✓ Laser Hair Removal



models



model



models



## Look **HOT** Now!

Look for an upcoming email revealing our Mystery Make-Over Winner! ... *How exciting!* Follow along as we show you her before-and-after photos enhancing her natural beauty. Be sure to sign up for our email newsletter so you don't miss out!

[www.marinaplasticsurgery.com/  
email.cfm](http://www.marinaplasticsurgery.com/email.cfm)

## Did you know

Breast Reductions are typically covered by insurance?

[www.LosAngelesBreastReduction.com](http://www.LosAngelesBreastReduction.com)



Our New Year's Gift To You:

**Buy a Series of 3  
BioMedic Facials  
Receive a syringe of  
Prevelle Silk Filler  
(for Facial Wrinkles)  
FREE  
While supplies last**



# THE INSTITUTE

Specializing in The Technology of Beauty

Offering Superlative Comprehensive Care for Face & Body

Under the direction of W. Grant Stevens, M.D., F.A.C.S.

www.MarinaPlasticSurgery.com  
4644 Lincoln Blvd.  
Suite #552  
Marina del Rey, CA 90292  
(310) 827-2653

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January 2009

## ~Blessings Now and All Year Long

I am so blessed to work amongst individuals who are extremely professional and talented, sincerely dedicated to their patients, and practice in an environment that truly excels in our industry. Our company is unique in that we offer a complete, comprehensive approach to rejuvenation. From our more conservative treatments at The Institute, our Medical Day Spa, to surgical options with Dr. Stevens and Dr. Stoker – we offer a full array of options to suit your individual, physical and financial needs. And, for everything in between, Cory Felber PA-C and Carla Crespo PA-C, outshine in their talents for non-surgical skin care treatments (both clinical and cosmetic skin rejuvenation).

My gratitude is for my boss and every single one of my co-workers, who exhibit an unsurpassable commitment to making your experience a positive one. From behind the scenes, I see the effort, the labor-of-love and the medical experience at work. I see medical professionals who genuinely care that their patients are satisfied. I see time and money invested into selecting the very best that our industry has to offer. But most of all, I see my colleagues take such pride in their work, such loyalty and conviction to being the very best – from the moment you walk in – to the moment you leave. Now that is a blessing. To come to work and be amongst people who don't just watch the clock, but rather dedicate their lives to ensuring you have the very best in customer satisfaction, experience and technology. What an incredible feeling. What an honor to get up each morning and go to work – and truly enjoy it. And, I speak for our entire staff.

Thank you to all our patients. Thank you to all who stop by my office and smile with satisfaction. Thank you for your continued patronage! Here's to a Happy, Healthy & Successful 2009 ... May the eminent Change and Hope for our Country, bless each and every one of you! - Charlie Sheridan, Director

### FACT:

96% of Patients Experienced a Firmer Neck after using NECTIFIRM  
98% of Patients Noticed Improved Skin Texture & Color using P&B CREAM  
100% of Patients Grew Longer Fuller Eyelashes after using MD LASH  
You can buy these products today, in office, or at our web store:

[Store.TheStevensInstitute.com](http://Store.TheStevensInstitute.com)

Want surgery but need financing? Try our two faves:

[www.CareCredit.com](http://www.CareCredit.com) or [www.CapitalOneHealthCareFinance.com](http://www.CapitalOneHealthCareFinance.com)

"The future belongs to those who believe  
in the beauty of their dreams"  
~Eleanor Roosevelt

## Dear Charlie:

Outside of the medical post-operative garments you provide to patients following surgery, what is your favorite retail garment for consumers to buy?

Gertie, age 30

## Dear Gertie:

No girdle necessary! Great question, as I just tried a new Capri from phase2wear and utterly loved it! It is truly amazing – It's seamless, has no hooks or zippers, and the compression and comfort were fabulous. I instantly appeared to have a yummy tummy ☺ You can even wear their garments under formal wear to look your AB-solute best! I promise you'll be thrilled ... and appear thinner! Best of all – these garments are reasonably priced. Visit their website to learn more:

[www.lipoinabox.com](http://www.lipoinabox.com)

## To Celebrate Your Birthday

in 2009 ... Simply present your valid Drivers License or ID, and you will Instantly Receive 25% OFF any non-surgical procedure performed that day!

## ~Melanage

Tired of uneven skin tone? The Melanage skin lightening peel is a superficial peel designed to improve the texture and appearance of spotted and/or blotchy skin. Our medical aesthetician applies an in-office mask that is freshly compounded to ensure potency and reliability. Patients will see a significant improvement in the appearance of pigmented areas. Call today to schedule a consultation with Tina or Lilia to determine if you are a candidate! Mention this article and receive \$100 dollars OFF (Now only \$575; Normally \$675)

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Permanent Makeup (1 area)

35 % ★ Off  
Permanent Makeup (3 areas)

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### Plastic Surgeons:

Grant Stevens, M.D., F.A.C.S.  
David Stoker, M.D., F.A.C.S.

### Aesthetic Specialists:

Cory Felber, PA-C  
Carla Crespo, PA-C

### Director:

Charlie Sheridan

### Registered Nurses:

Maria Acevedo, R.N.  
Patrice Taylor, R.N.  
Tami Greiner, R.N.

### Medical Aestheticians & Permanent Makeup Artists:

Lilia Shvartsman  
Tina Yerelian

Monday - Friday:  
9:00am - 5:00pm

Marina del Rey - (310) 827-2653  
Fax (310) 823-1984

[www.MarinaPlasticSurgery.com](http://www.MarinaPlasticSurgery.com)