

THE INSTITUTE

Specializing in The Technology of Beauty
Offering Superlative Comprehensive
Care for Face & Body
Under the direction of
W. Grant Stevens, M.D., F.A.C.S.
www.MarinaPlasticSurgery.com
4644 Lincoln Blvd.
Suite #552
Marina del Rey, CA 90292
(310) 827-2653

PRSRT STD
U.S. POSTAGE
PAID
ARCADIA, CA
PERMIT NO. 777

THE INSTITUTE

Specializing in The Technology of Beauty

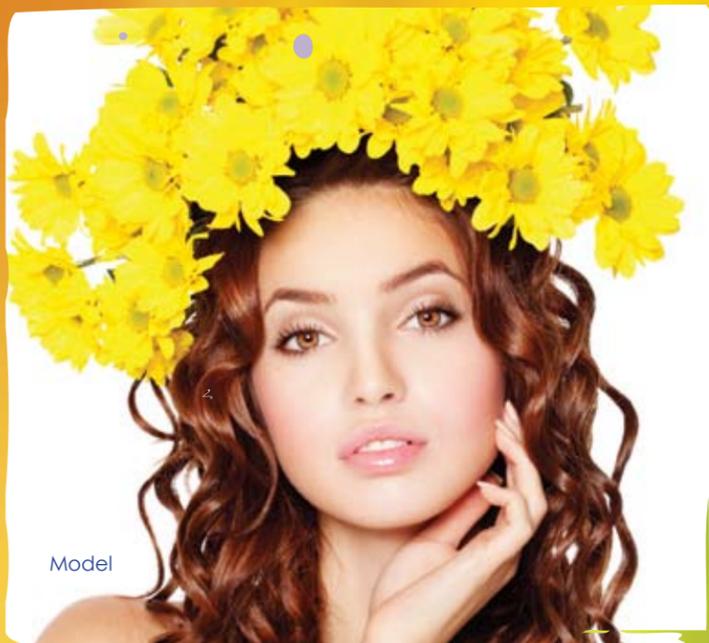
Offering Superlative Comprehensive Care for Face & Body

Under the direction of

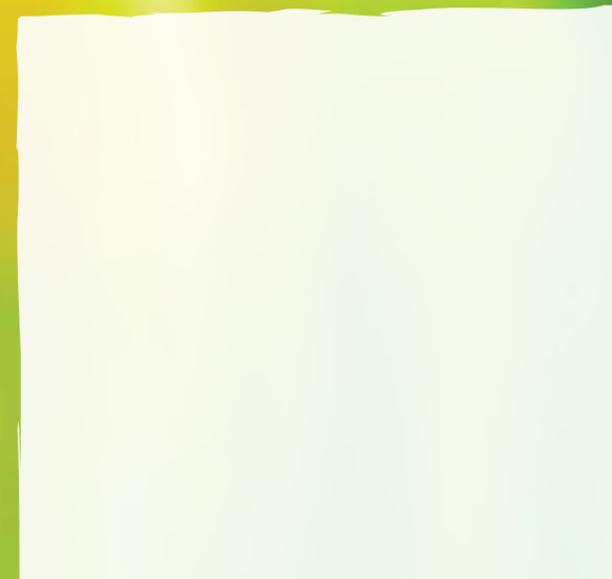
W. Grant Stevens, M.D., F.A.C.S.

www.MarinaPlasticSurgery.com

4644 Lincoln Blvd., Suite 552, Marina del Rey, California 90292 (310) 827-2653



Model



Plastic Surgeons:
Grant Stevens, M.D., F.A.C.S.
David Stoker, M.D., F.A.C.S.
Adrian Przybyla, M.D.

Aesthetic Specialists:
Cory Felber, PA-C
Carla Lovato, PA-C
Laura Pietrzak, PA-C

Director:
Charlie Sheridan

Registered Nurses:
Maria Acevedo, R.N.
Patrice Taylor, R.N.
Tami Greiner, R.N.

**Medical Aestheticians &
Permanent Makeup Artists:**

Lilia Shvartsman
Rachael Martinez
Ann Yacullo

Mon – Wed – Fri 8-6pm
Tues & Thurs 8-8pm

Marina del Rey - (310) 827-2653
Fax (310) 823-1984

www.MarinaPlasticSurgery.com

Summer Special
20% OFF
CLARISONIC
...for Smoother, Cleaner *Daisy-Fresh Skin!*



Offer Expires 05/31/2011

With this Coupon ~ Limit One per customer ~ Cannot be combined with any other offer

May 2011

Over 100

Did you know that our practice offers over 100 different cosmetic procedures? With all that we have to offer, we certainly have the perfect procedure for you – whether it be surgical, or non-surgical. If you have not received our MPSA Service Menu – please ask for one! We will happily provide you a list of all services we perform, broken out by specific Providers that specialize in the Science of Beauty! Together, we will match your budget, along with your desires, and create the perfect regimen just for you.

Dr. Grant Stevens makes a great patient

Follow along as Dr. Stevens becomes a patient of Marina Plastic Surgery! Read updates on his latest procedures, performed by our 3 amazing Physician Assistants, Cory Felber, Carla Lovato and Laura Pietrzak! You can read and watch each treatment on Facebook, or follow along on Twitter. You won't want to miss the pictorial slideshow, as the doctor transforms into a younger and healthier plastic surgeon, and becomes a patient of his own practice!
<http://www.facebook.com/MarinaPlasticSurgeryAssociates>

Our Bra Donation Program

In partnership with Breast Oasis, a non-profit charitable organization dedicated to providing underprivileged women with new or gently-used bras, Marina Plastic Surgery Associates is collecting bras for a very worthwhile cause. WHY BRAS? Many women in our community and across the country have a tough time affording some basic essentials. You can connect with and support these women in need, simply by donating new or gently used bras. The donation process couldn't be simpler. As you do your 2011 Spring Cleaning...just go through your closet and set aside a few of your gently used bras that you haven't worn in a while, or even stop by the store and purchase a new bra for donation. Then, you can drop off your bra(s) at our office in person or mail them to us, along with any personal note you'd like to share with the recipient. **Come partner with us and make a difference!**

Rhinoplasty rates high

Rhinoplasty used to be common amongst teenagers, but now men and women of all ages get them. Nose surgery is one of the most popular surgical cosmetic procedures in the United States. If you're self-conscious about your nose, you may be a good candidate. Rhinoplasty reshapes the nose for aesthetic and corrective purposes. Rhinoplasty can help provide balance and proportion to your nose and face. Good rhinoplasty should not be detectable by strangers. **Come see us for a natural nose...You'll be glad you did!**
www.RhinoplastyLosAngeles.com

Need a Reason to come see us? ...Okay,

- 1) Bikini Season is around the Corner www.ThePerfectBreast.com
- 2) Summer Weather is Coming Soon; Become One Hot Mama!
www.aMommyMakeover.com

3) YOUR CONSULTATION IS FREE!

Dear Charlie:

Is Zeltiq a good option for Gynecomastia?

~ Thomas

Dear Thomas,
I actually would not suggest ZELTIQ for a true gynecomastia case. The best treatment for gynecomastia is to have it addressed surgically, as it often involves pathology. Additionally, there are often times when a lift is needed as well as excision, even further justifying the need for surgery. This is one of our specialties, so please come in and get an examination to see if you are a good candidate. The upside is not only aesthetic, but also reduces the risk for breast cancer in males.

~ Charlie

One Stop Pharmacy

Don't forget that we offer a complete range of cosmeceuticals that can take years off your appearance. Better than store-bought skin care, these products contain medical grade ingredients that prove we have beauty down to a Science! Results speak for themselves... This is NOT high-tech hype!

Too Much of a Good Thing?

www.LosAngelesBreastReduction.com
...typically covered by insurance!

Congratulations are in order for Jessica Palomares, (our Insurance Coordinator) who is expecting a healthy baby girl this Spring!

Not Funny

None of us think that laugh lines and crows' feet are funny. But now, with Botox and Dysport, you can safely slow down the aging process and hold off on more dramatic measures, simply by taking care of your skin early in life. Best of all, rebates and incentives apply! Call Now, and starting smiling with more confidence and beauty!

Come see our Medical Aestheticians (Lilia, Rachael & Ann) for **THE BEST** facial of your life!

JUVÉDERM® is the #1 selling dermal filler in the United States; **BOTOX®** Cosmetic is the #1 prescribed Botulinum Toxin Type A in the US.



Model

Hot
OFF THE PRESS!
A recent study from Denmark confirms that people who look younger **DO LIVE LONGER!**



Models

Have you signed up to receive our Beauty Coupon\$?



Model

Woah! Did you know?

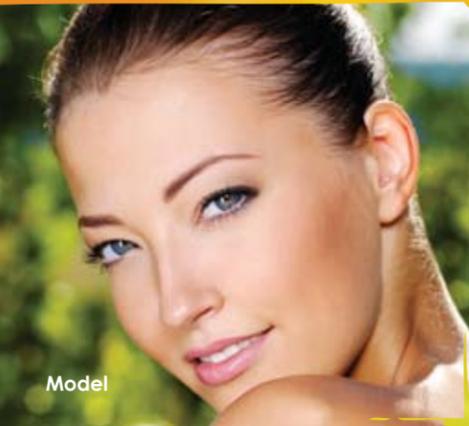
Medicis, the makers of DYSPORT, now offer a rebate! Ask how YOU can become a member and get signed up to \$AVE money NOW!

Not enough Lashes?
GROW THEM! LONGER. THICKER. DARKER.

With Latisse – the first and only FDA approved prescription treatment to grow eyelashes!



Model



Model



Model

Facing the Future

Not ready for a Facelift? ...But desire a more youthful appearance?

The fact remains – you CAN turn back the clock, while postponing your date with the scalpel! Today's affordable "Liquid Face-Lift" includes injectables that revolumize cheeks and temples (such as Sculptra or Radiesse), to return them to their plump, youthful appearance. These days, non-invasive injectables make "youth" available to all – even the budget-conscious. Yet, if you want (or need) the more traditional surgical options (but aren't a Rockefeller) financing options can at least make you look and feel like one!

Apply Now!

WWW.CARECREDIT.COM
AND MAKE YOUR 2011 DREAM
A REALITY TODAY!

Hands Down

When it comes to aging, hands can be a telltale sign. No matter how beautiful and smooth your face is, your hands can give your age away. Older hands are characterized with wrinkles, visible veins, prominent tendons, thin skin and age spots. Hand rejuvenation treatments can help to create a more youthful appearance by restoring volume, removing age spots, and removing some forms of skin damage. How the aging process affects the hands are similar to those of the face. The first aspect is skin texture and color; The second aspect of aged hands is generalized volume loss, which results in more visible and prominent veins and a crepey appearance. Once the pigmentation and texture issues have been addressed, volume replacement procedures should be performed. The results are IMMEDIATE! The injected area will look mildly swollen, but will subside over the next couple of days. The results last about 9 months. Don't let your hands let you down; Our Physician Assistants can help design a treatment just for you... leaving you with a "thumb's up" on your new look!



Models

Reshape Your Body...

WITH EXILIS OR ZELTIQ COOLSCULPTING

Even Dr. Oz (who is essentially "America's Doctor") refers to Cool Sculpting as *revolutionary game changer*, and featured this INNOVATIVE treatment on his TV Show!

Come see one of our PA's to learn more!



Model



Models

Best Friends Forever!

Thermage® and Fraxel® bring out the best in each other and you! Together they address the most significant signs of aging: sagging skin, wrinkles, skin texture and pigmentation. These BFF's leave your skin looking younger, smoother and healthier...and THAT means a happier you!

SCAR THERAPY

Worried about scars? Worry not! We offer many treatments such as:

ScarLine Rx
Hybrasil
Kelocote

"FAVORITE PRODUCT PICK" from our own staff members:

"My 'must-have' product is Latisse- because it grew my lashes so long and thick, and they look so amazing – people think I'm wearing false eyelashes!" ~Shayla Griffith

"My all-time favorite is still TNS Essential Serum, by Skin Medica. It firms my skin like nothing else! I also love, love, love their Dermal Repair Cream! It's the perfect amount of hydration for dry, mature skin that tends to suffer from breakouts" ~Ann Yacullo

Rethink the Business of Hair Removal.

Looking for a better solution for removal of unwanted hair? We offer men and women safe, comfortable and affordable laser hair removal. Imagine not having to deal with the frequency, expense, and pain of constantly getting rid of unwanted hair! Sound too good to be true? It's not.

Ready to try Clarisonic?

CONSUMERS AND SKIN CARE PROFESSIONALS ARE RAVING OVER THIS SONIC "BOOM"

- Removes 6X more makeup than manual cleansing
 - Leaves skin feeling and looking smoother
- Cleansing helps products work more effectively
 - Gentle enough to use twice a day
- Reduces oily areas, dry skin patches and blemishes
 - Minimizes the appearance of visible pores

Best of all our Clarisonic devices are medical professional grade which exceeds the quality of their retail model sold at make up counters.



Model

"Like Us" on Facebook!