## Our Hull Menu

#### DR. GRANT STEVENS & DR. MICHELLE SPRING

Facial Rejuvenation, Facelifts, Mini Facelifts, Neck lifts, Endoscopic Brow lifts, Temple lifts, Evelid Surgery, Nasal Surgery (Rhinoplasty), Cheek Implants, Chin Implants, Buccal Fat Pad Removal, Ear Pinning (Otoplasty), Lip Augmentation, Fat Grafting, CO2 Laser Skin Resurfacing, Breast Augmentation, Breast Implant Exchange, Breast Lifts, Breast Reduction, Laser Bra Surgery, Male Breast Reduction (Gynecomastia), Breast Reconstruction Following Mastectomy, Inverted Nipple Repair, Nipple Reduction, Nipple Enlargement, Areolar Reduction, Arm Lifts, Full and Mini Tummy Tucks, Abdominal Wall Repair, Labiaplasty, Buttock Augmentation, Buttocks Lifts, Body Sculpting, Liposuction, Body Lifts, Posterior Lifts, Thigh Lifts, Combined Surgery, Mommy Makeovers.

#### CARLA LOVATO, PA-C, CORY FELBER, PA-C, LAURA PIETRZAK, PA-C

Mole Evaluation and Removal, Laser Vein Therapy, Sclerotherapy, Obagi Blue Peels, Laser Therapy for Spider Veins, Treatment of Birth Marks, Warts, Nail Fungus, Laser Hair Removal, Botox, DYSPORT, Xeomin, Facial Rejuvenation, Restylane, Radiesse, Perlane, Laser Genesis, Juvederm UltraPlusXC, Sculptra, Pearl, Pearl Fractional, Photo facials, Limelight/XEO, Wrinkle Reduction, Collagen Remodeling, Excel V, Skin Brightening, Clear & Brilliant, Visia Skin Analysis, Complexion Mapping, GentleWaves, Skin Fitness, Excessive Sweating (Hyperhydrosis), Fraxel, Fraxel DUAL, Cynosure PDL, Cynergy, DUSA Acne Therapy, BLU-Light Therapy, EarLobe Repair, Earlobe Rejuvenation, Nasal Sculpting, Stretch Mark Therapy, Treatment of Age Spots & Sun Damage, Skin Cancer, Treatment of Active Acne & Acne Scars, Rashes, Skin, Hair & Nail Disorders, Rosacea, Pregnancy Mask/Melasma, Chemical Peels, Hand Rejuvenation, Laser Scar Treatment, Skin Cancer Detection & Excisions, ThermaFrax, Cellulite Treatment, Zerona, SmoothShapes, Skin Tightening, Thermage CPT, ThermaCool Facelifts, Titan, Exilis, Body Contouring, Coolsculpting, Body by Thermage, Latisse, Lip Augmentation

#### LILIA SHVARTSMAN, RACHAEL MARTINEZ & ANN YACULLO

Custom Facials, Microdermabrasion, Fire & Ice Polish, Pigment Balancing Masque, Dermaplaning, Brow & Lash Tints, Facial Waxing, Permanent Makeup, Scar Camouflage, Evelash Extensions Peels: BioMedic MicroPeel & Micropeel Plus / Illuminize / Melanage / Quelage / Rejuvenize / Vitalize Products: SkinMedica, Revision, Obagi Skin Care, IS Clinical, NIA 24, Procyte/Neova, Stevens RX, Dermaquest, Skinceuticals, Clarisonic, TIZO

Our Staff\_

**Plastic Surgeons:** Grant Stevens, M.D., F.A.C.S. Michelle Spring, M.D.

**Aesthetic Specialists:** Cory Felber, PA-C Carla Lovato, PA-C Laura Pietrzak, PA-C

**Director: Charlie Sheridan**  **Registered Nurses:** Maria Acevedo, R.N. Patrice Taylor, R.N. Tami Greiner, R.N.

**Master Medical Aestheticians** & Permanent Makeup Artists: Lilia Shvartsman **Rachael Martinez** Ann Yacullo

Hours: Mon – Wed – Fri, 8-6pm - Tues & Thurs, 8-8pm Contact: Marina del Rey - (310) 827-2653 Fax (310) 823-1984

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# THE INSTITUTE

# Specializing in The Technology of Beauty Offering Superlative Comprehensive Care for Face & Body

Under the direction of W. Grant Stevens, M.D., F.A.C.S. www.MarinaPlasticSurgery.com 4644 Lincoln Blvd., Suite 552, Marina Del Rey, California 90292 (310) 827-2653

## Marina Plastic Surgery COMPASSIONATE QUALIFIED CARE FOR OVER 25 YEARSI

# Aesthetic & Clinical Comprehensive Skin Care

## The Stevens Institute A MEDICAL DAY SPA GLOBAL LEADERS IN SCIENTIFIC BEAUTY

DOLE OUT THE DREAMS. In this New Year, as we reflect upon the past and begin to plan for the future, we wanted to take a moment to thank you for the opportunity to help you achieve your aesthetic goals. We have always been committed to building "Patient-for-Life Relationships", and we know that helping you look and feel your very best is the truest measure of success. Please allow our surgeons, PAs and Medical Aestheticians to discuss your goals and dreams, and allow us to help make them a reality. There is no commitment required. Together, let's make 2012 the best year ever! We offer late-evening and Saturday appointments so that you can receive optimal care from our team of experts, all at your convenience!

## PATIENT CARE **COMES FIRST AT** MARINA PLASTIC SURGERY.

For twenty-five years Marina Plastic Surgery has provided the finest personal service to its patients. Every patient, from Santa Monica to Shanghai, feels like a VIP in the warm, elegant offices of MPS. Internationally renowned surgeon, and highly acclaimed lecturer to his peers, Dr. Grant Stevens leads the innovative and highly credentialed team of plastic surgeons, PAs, nurses and staff.

#### **CONSIDERING BREAST** & TUMMY SURGERY?

The Marina Mommy Make-Over is shown to be safe and effective!

- 3 Reasons to Combine Procedures:
- ONE RECOVERY PERIOD - ONE ROUND OF ANESTHESIA
- FINANCIAL SAVINGS

Exchange Breast Implants? Has time changed your mind? WE'RE HERE TO HELP!

TOO MUCH OF A GOOD THING? We specialize in Laser Bra Breast Reduction surgery. Breast Reduction has been shown to lower breast cancer risk! This is a reconstructive surgery (not cosmetic) so it is typically covered by insurance. Functional, not frivolous, and although beautiful, remember: this procedure saves lives and improves the quality of a woman's life both physically and emotionally~ THELASERBRA.COM Because Gravity is No Longer the Enemy!

**BABY BOOMER FACELIFTS** 

comfortable. Professionals feel

that they wear their resume on

their face, and youthful looks

keep them competitive and fresh

So, face it, it is a New Year, and

the time is NOW TO GET STARTED ON IMPROVING

YOUR APPEARANCE SO

2012 WITH CONFIDENCE.

THAT YOU CAN FACE

Most face lifts and neck lifts are done during the Spring.

The reason is simple: Men and women have recently

set their New Year's resolutions and are ready to make

positive life changes. Furthermore, it is an ideal time to

recover during these months, as the weather is cool and

### TREATMENTS FOR TWO!

As reported on NBC's: The Today Show, more and more couples are going under the knife together than ever! They are opting for nips and tucks - as a team. Despite vows to marry and "grow old together", the new trend is to commit to "growing younger together", and looking as young as they feel. Couples are coming in to our office seeking procedures together and state that teaming up reinforces their bond psychologically and offers unbiased support. SO why not call today and slow the signs of aging - The trend is here to stay, and besides...it's just what the doctor ordered!



### WE MAKE DREAMS COME TRUE!

Want LONG LASHES beyond your wildest dreams? Try LATISSE! For Longer, Thicker, Darker Eyelashes!



#### YOUR DREAM BODY... WITH OR WITHOUT SURGERY!

We offer state-of-the-art liposuction to help sculpt and shape your sexy body. If recovery time is a concern, you can opt for non-surgical body slimming and tightening, such as Zeltig Coolsculpting,

Exilis, Body by Thermage, and/or Smoothshapes.

#### **GET SMOOTHER** TWICE AS FAST! We are the only office in Southern California offering 2 Coolsculpting

machines, and that means getting sculpted... in HALF the time! So, go ahead - Freeze your butt off... literally

## quick fiX

You now have 3 options of muscle relaxing agents to soften deep facial lines. Botox<sup>®</sup>, Dysport<sup>®</sup> and now, Xeomin. We are offering FDA approved Xeomin, the newest  $Botox \mathbb{R}$  alternative that makes faces smoother, and more aesthetically pleasing, with the added benefit that patients will not become resistant to it as they sometimes do with Botox. Xeomin (known as "Naked Botox") costs less, and according to the studies may last longer, a bonus for the right patient.

#### BEAUTY IS OUR LANGUAGE

Did you know that most non-surgical cosmetic procedures actually slow the aging process?!! That means a younger, fresher YOU for many years to come!

WELCOME 2012 WITH CONFIDENCE! IF YOU CAN DREAM IT – WE CAN DO IT!

PERMANENTLY BEAUTIFUL Ever wake up and wish you looked as fresh as when you have just applied your make-up? If so, why not consider permanent makeup? You can accentuate your eyes, lips and brows, with natural hues that leave you looking naturally beautiful every single day... from the very moment you wake up!

#### NEED OUR PRODUCTS YET CAN'T FIND THE TIME? Then Buy Online! STORE.THESTEVENSINSTITUTE.COM Don't forget to treat the usually neglected neck and décolleté this Spring! We have amazing products that really work, and take years off your appearance



POLISH YOUR COMPLEXION WITH MICRODERMABRASION





#### THAT'S THE BEAUTY OF US!

Spring is a time of renewal and freshness bringing in new attitudes and a renewed spirit. We can renew our bodies as well. Often we find ourselves looking in the mirror and wanting a fresher more youthful look - yet aren't ready for a facelift. While aging is inevitable, our newest procedures can certainly slow down the aging process. We offer everything from easy Clear & Brilliant treatments to deeper procedures such as Pearl Fractional and Thermage. These lasers, light sources and radiofrequency treatments smooth and tighten skin, keep wrinkles at a minimum, and restore a youthful glow. We perform the complete range of non-ablative procedures for anti-aging and skin rejuvenation. All treatments can be performed in-office with little to no downtime, and costs are reasonable. If you want to look as young as you feel, call now and schedule a consultation with us to learn how we can help!



#### PEEL ME

Our very own nurse, Tami Greiner, recently had Rachael, one of our 3 Medical Aestheticians, perform a Melange Facial Peel. "Wow! My skin is softer, smoother and radiant... love the perks of working here!". We offer a full range of superficial to deep facial peels to address your every skincare concern



CALL NOW TO SEE WHAT ALL THE APPEAL IS ABOUT!

THE STEVENS INSTITUTE MASTERING MEN'S SKINCARE!

MUSHROOM BOOM A major breakthrough has emerged in skin care, and it's the lowly mushroom Mushrooms are now replacing hydroquinone as a natural, safe way to lighten the skin. It may be small, but this is one mighty ingredient that really works!

> **ALPHA CLEANSER** BUY 2 – GET 1 FREE (Normally \$25 each)

In-Office Sales Only With this Coupon Offer Expires 03/31/2012

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